

# NEWSLETTER ECO HIMAL AUGUST 2022



WHAT HAS  
HAPPENED?



THE NEW FURNACE  
PHASE



EK PAILA AGADI



WHAT'S NEXT?



WWW.ECO-HIMAL.DE  
ECO HIMAL\_EV  
INFO@ECO-HIMAL.DE



U N S E R  
L E I T B I L D  
W I R W O L L ...

## WORKING AT HEIGHT



... Critically reflecting neo-colonial structures in development cooperation, learning from each other and listening instead of "knowing better".

## PARTIZIPATION



... involve the people we reach with the projects in planning and implementation  
... Make decisions together with project partners, communities and local governments.

## PROFESSIONALISM



... Work together with our partner organizations in the long term and constantly get better.  
... work transparently and reduce administrative costs in Keep Germany low

## LOOKING BEYOND THE HORIZON



... linking the skills and perspectives of our volunteer members with our expertise in development collaboration.

# LOVE DONORS:INSIDE AND FRIENDS: S VON ECOHIMAL

Since the last newsletter in November 2021, a lot has happened in the association - it is high time that we report about it. In the future we will inform you four times a year about our activities and the important developments around the association.

After we were able to successfully implement the first kiln project, a period of intensive work on internal processes began. In a strategy workshop, we discussed together what our short- and long-term goals should be and what EcoHimal's special approach to projects should be. We have bundled these results in our mission statement.

A particularly important step for us is the registration process with the Ministry of Development (BMZ). We were audited there and recognized as an eligible organization and can now submit project applications up to a maximum of €10,000.

submit. In concrete terms, this means that we will be able to receive government funding for our projects in the future. We must contribute at least 25% of the funds ourselves, which in turn means that your donations can be used to implement larger and more effective support measures. For example, if you donate the amount for one stove, we can provide up to four stoves in Nepal. We want to use this opportunity to supplement your donations with public funds as soon as possible. Therefore, we are currently in the process of writing and submitting an application for 17,500 €.

We had a very good experience with the first stove project in 2021. The feedback from the village community was very positive, all households that received a stove were very satisfied and that it was possible to transport the stoves to the remote Arun Valley despite the Corona lockdown and the approaching monsoon.

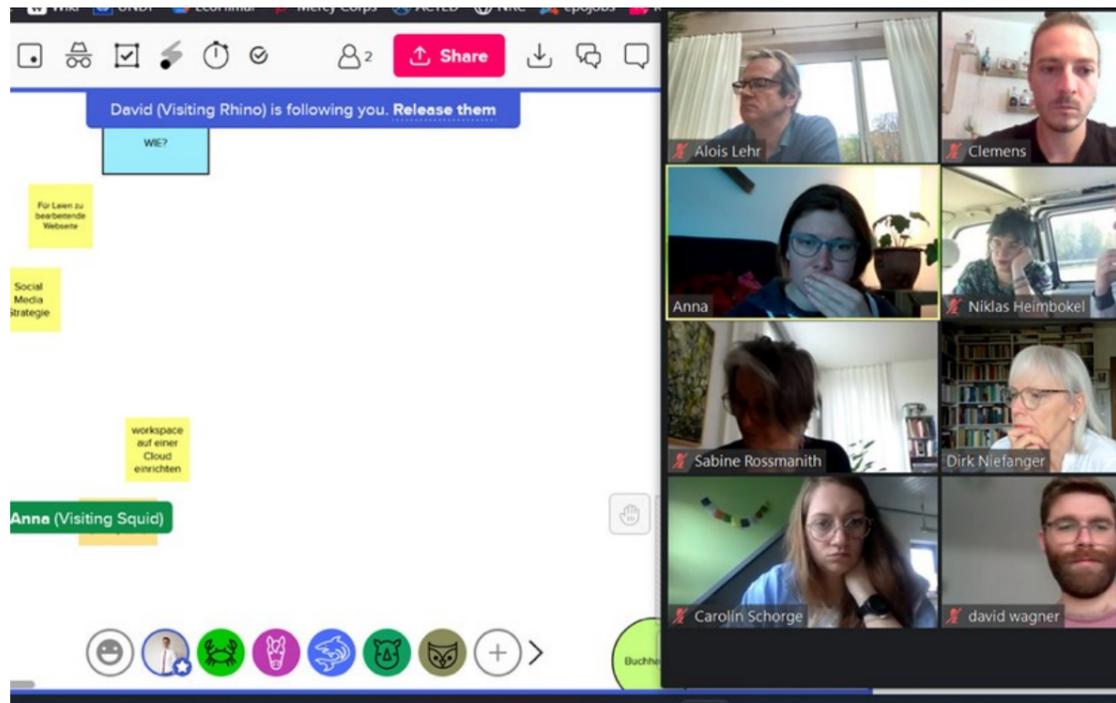
sion has impressed us very much. In comparison, the current furnace project will change quite a bit.

Our targeted new project region is Kalikot in Western Nepal. Kalikot is an area with fascinating culture and at the same time it is one of the poorest districts of Nepal. The people living here have to cope in an extremely remote area. Only a little more than 40 percent of the population can read and write. Kalikot is ranked 75th out of 77 districts in Nepal on the Human Development Index. Most of the district lies between 2000 and 4000 meters above sea level and the people live mainly from agriculture. However, since the monsoon rains reach western Nepal only very weakly, the area is less fertile compared to other regions of Nepal.

The population is almost exclusively Hindu, unlike in the Arun Valley, which is predominantly inhabited by Buddhist Lhomi. In addition, the caste system in Kalikot is especially

is particularly pronounced. The Dalits, who belong to the lowest castes and are treated as "untouchable" in everyday life, suffer particularly from this, although this practice is forbidden by the constitution.

Due to this very complex framework, we developed the project design in several workshops and coordination rounds together with our partners from EcoHimal Nepal. Together we looked for success and problem factors and realized that it will be important for us to know the community we will be working with very well. Western Nepal is often forgotten because it is hardly ever visited by Nepalese or international tourists. Our stove project is the first project that is carried out by our partner organization EcoHimal Nepal in Kali- kot. We are therefore very happy that we can become active in this region and contribute to improvements in various areas for the people of Kalikot!



# E K P A I L A A G A D I

# STAND TODAY AND NEXT STEPS

WHAT WE CAN DO TODAY AND HOW WE CAN SUPPORT YOU

In our second project, we have been supporting our scholarship holder Anita Rai in her training as a hiking guide since January. Anita comes from Solukhumbu, a village at the foot of Mount Everest, and applied for our program "ek pai-la agadi" (one step forward), which we run with the Mira Rai Initiative (MRI). Since January, she has been living in MRI's training center in Kathmandu. Together with other participants, she trains trail running, receives English lessons and is undergoing training to become a state-

a certified hiking guide. This opens up good career prospects for her after she completes her training, when the tourism industry will hopefully recover from the pandemic. She has already participated in several races and won one over 42km. Two of our members are now also getting involved by giving Anita English lessons via WhatsApp, which is also a nice way to get to know each other better.



## WE AS AN ASSOCIATION

In mid-June we met in Markelsheim for the annual general meeting. Unfortunately, some members were only able to attend online due to corona or travel problems with the train. Nevertheless, we had a productive and nice meeting and are now full of energy for the new association year!

By the way, the early harvest of the bee colonies with which Mane and Jan produce honey for EcoHimal has produced insanely delicious honey! If you want to order honey, you can simply go to [info@eco-himal.de](mailto:info@eco-himal.de) and order some. The proceeds go to our projects.

Of course we hope that you will stay in good spirits! Feel free to give us feedback on the newsletter (what interests you in particular, what would you like more/less of) to [info@eco-himal.de](mailto:info@eco-himal.de). Of course you are welcome to forward and share the newsletter. We are happy about any support!

---

HELP US WITH DONATIONS TO OUR SURVEILLANCE IN  
REMOVE PROJECTS THAT REALLY MAKE A DIFFERENT IMPACT!

---



Follow us on Instagram ([eco-himal\\_ev](https://www.instagram.com/eco-himal_ev)) or find out more at: [www.eco-himal.de](http://www.eco-himal.de)

Links to our partners:

<http://eco-himal.org>  
[www.eco-himal.org](http://www.eco-himal.org)  
<https://miraraiinitiative.org/>